

## Little Blessings Daycare Breastmilk Policy

- 1. Breastfeeding mothers shall be provided a place to breastfeed.**
  - a. Breastfeeding mothers shall be provided a private and sanitary place to breastfeed their babies.
- 2. A refrigerator/freezer will be available for storage of breastmilk.**
  - a. Mothers should provide their own containers, clearly labeled with name and date.
- 3. Our staff will be trained in handling breastmilk.**
  - a. Little Blessings staff will be trained in the proper storage and handling of breastmilk.
  - b. Little Blessings Daycare will follow guidelines from Prairie Lakes Hospital.
- 4. The storage guidelines for breastmilk.**
  - a. Fresh expressed breastmilk at room temperature will be used within a 6 hour time period.
  - b. Fresh expressed breastmilk kept in the refrigerator will be used within 3 days (72 hours).
  - c. Milk thawed (no ice crystals) in the refrigerator, but not warmed, kept at room temperature will last up to 4 hours.
  - d. Milk thawed (no ice crystals) in the refrigerator, but not warmed, kept in the refrigerator will be used within 24 hours.
  - e. Milk that was frozen and is now room temperature will be kept up to 1 hour.
  - f. Milk that was frozen and is now room temperature in the refrigerator will be kept up to 4 hours.
  - g. Milk that infant has partially taken from the bottle will be used up to 1 hour if under six months of age, and 2 hours if six months and older.
  - h. Breastmilk is to only be warmed up once.
  - i. Breastmilk cannot be refrozen.

